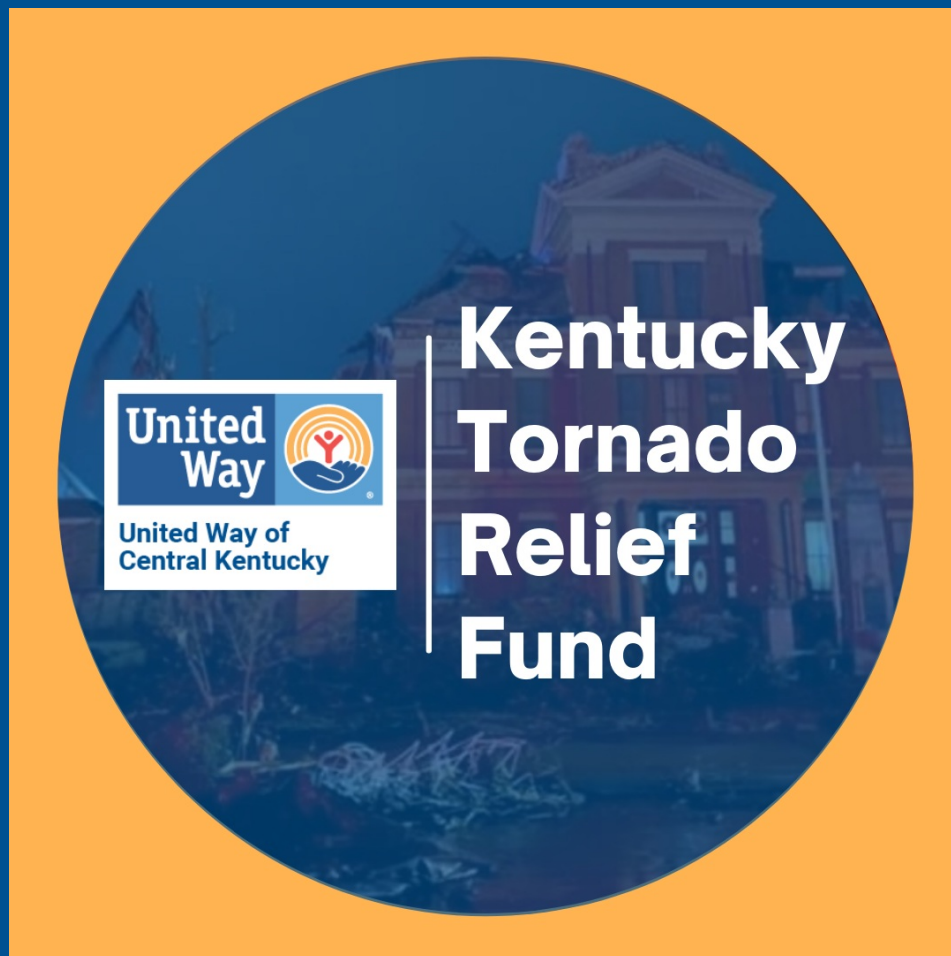




# Monthly Investor Update

January 2022

## United Way of Central Kentucky raises over \$30,000 locally for tornado relief



On January 14, United Way of Central Kentucky announced that local donors have contributed over \$30,000 to help Kentuckians affected by the devastating tornadoes in Western Kentucky communities that occurred last month. Statewide, United Way of Kentucky has raised \$4 million to date for its tornado fund.

“United Way is uniquely positioned to distribute funds to multiple local partners with minimal red tape as we navigate relief efforts,” said UWCK President & CEO Joe Fowler. “At the local level, United Way’s presence in those affected communities is well-established. United Way staff members and volunteers in these communities are conscious of where help is needed most.”

Those interested in helping United Way of Central Kentucky assist impacted communities can visit [www.unitedwayck.org](http://www.unitedwayck.org).

**NEW  
EPISODE**



# CommonGood

in the Commonwealth



## Check out our new video podcast!

United Way of Central Kentucky is excited to announce the launch of our very own podcast! CommonGood in the Commonwealth will be monthly series featuring our CEO/President Joe Fowler discussing how UWCK is making changes in the communities it serves. The series will also welcome guests from the community to discuss what giving back looks like to them and how they make a difference!

[Check out the first episode here!](#)

## Join us on Saturday's for FREE Yoga

At United Way of Central Kentucky, we're committed to building healthy communities one person at a time!

Yoga improves strength, balance, and flexibility. It's also supported by science that yoga can help you with stress relief, reduce inflammation, and reduce anxiety.

Join us each Saturday in February for a FREE yoga class taught by our own Rachel Watkins!

Limited spots are available. Contact Rachel at [rwatkins@unitedwaycky.org](mailto:rwatkins@unitedwaycky.org) to save your spot.



Help UWCK help Central Kentucky...

UWCK invite you to do something meaningful with the information provided above by:

- sharing this e-newsletter at your workplace,
- posting the newsletter on your social media, and
- passing it along to a friend or neighbor.

We need you!

If your workplace would like to be featured in a future newsletter, please contact Rachel Watkins at [rwatkins@Unitedwayck.org](mailto:rwatkins@Unitedwayck.org).

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Connect with us

